



WEST BASKETBALL CAMP



Come learn from the Pocono Mountain West Panthers

Work on your game with head coach Rich Williams, his coaching staff and current players as they come off back-to-back PIAA "Sweet 16" tournament runs

***Players Placed at Ability Level**

***Individual Instruction**

***Emphasis on Fundamentals**



July 9th - July 11th

@ Pocono Mountain West Junior High School Gymnasium

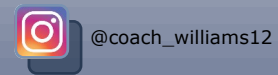
8AM - 1PM

Boys & Girls | \$100/Camper pre-registered or \$125 at the door | Grades 1-12

Questions: Pmwestbball@gmail.com

REGISTER ONLINE RIGHT NOW AT:

www.pmwestbasketball.com



2017 District XI 6A Champions | 2012 District XI 4A Champions | 2018, 2017, 2008 PIAA Sweet 16

7-Time MVC Champions (2014, 2013, 2012, 2011, 2008, 2007, 2005)

3 Associated Press All-State Players | 44 All-League Players

Typical Camp Day

- 8:00-8:15 - Announcements, Attendance, Stretch
- 8:15-9:00 - Individual Fundamentals & Station Work
- 9:00-10:00 - 1-on-1 / 3-on-3 Instruction & Games
- 10:00-10:30 - Guest Speaker/Lecture
- 10:30-11:00 - Stations on the Lecture
- 11:00-11:30 - Skills Competition
- 11:30-12:15 - Lunch (Pizza, Gatorade & snacks sold)
- 12:15-1:00 - 5-on-5 Instruction & Games

*Hoops will be lowered and smaller balls will be used for K-4th group

Camp Requirements

- ◆ Campers should arrive by 8:00am wearing sneakers, a t-shirt & shorts.
- ◆ Campers should bring a bagged lunch and a drink with them each day or pizza can be purchased.
- ◆ Do not bring basketballs to camp. We will provide.
- ◆ There is an expectation of good sportsmanship for all campers and all rules must be followed. Failure to do so will result in dismissal from camp.



"The West Basketball program changed my life & taught me how to play the right way. They not only helped me qualify for college and get scouted but they got me ready to play at the next level."

-Tynell Fortune '11 (Kutztown University)



"Hard work, dedication, loyalty and family is what I learned during my career at West. The staff not only got me ready to play college basketball but they got me ready for the real world!"

-Quindell Brice '12 (E. Stroudsburg U)

Current West 7th Grade Coach



"My coaching staff at West was 2nd to none. They weren't just coaches - they were mentors & teachers. I'm really excited & looking forward to giving back by helping these young campers learn the game."

-Tyrel Dixon '12 (Roberts Wesleyan)

Current West Freshman Coach

REGISTER & PAY ONLINE AT:

www.pmwestbasketball.com/Day_Camp.html via the electronic registration form and "Pay Now" button OR fill out the form below and mail it to us with a check or money order

Please complete this form. Make out a \$100.00 check/money order to: "West Basketball Camp" & mail to: Rich Williams - PO Box 716, Pocono Pines, PA 18350

Camper's Name: _____ Parent Name: _____

Address: _____ Parent Email Address: _____

_____ Phone Number: _____

Age: _____ Emergency Contact: _____

Grade camper is entering in September: _____ Emergency Contact Phone #: _____

Waiver consent: I hereby request that my child be admitted to the West Basketball Camp. I authorize that staff of the camp act on my behalf in case of medical emergency. I am responsible for any damage caused by my child to any property due to misconduct or misbehavior. I hereby forever indemnify and save harmless the West Basketball Camp for and against any and all liabilities or judgements arising from injury as a result of or incidental to my child. Participation in camp provides West Basketball Camp the opportunity to take photos for future use. My child is physically fit to participate in the camp.

PARENT/GUARDIAN SIGNATURE: _____